




THE MANOR KITCHEN WEEKLY MENU

09th Decem  ber 24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Spaghetti Hoops & Sausage Toast Station and Cereal Fruit Platter	Porridge & Toppings Toast Station, Cereal Fruit Platter	Poached Egg & Bacon Toast Station, Cereal, Yoghurt, Fruit Platter				BRUNCH
LUNCH	Full Christmas Lunch for Pre Prep ***** Roast Turkey & Gravy Butternut Squash Roast Roast Potatoes Brussel Sprouts Broccoli & Carrots Iced Cakes	Chicken & Pepper Burrito Vegetable Burrito Spicy Rice Crudites Melon or Yoghurt Pots	Lasagne Vegetable Pie Chipped Potatoes Salad Selection Chocolate Brownie & Whipped Cream	Wishing you all A Very Happy Christmas From The Catering Team 			
SUPPER	Chorizo Pasta Bake Salad Selection Crusty Bread - Jelly Pots	Beef Burger Vegetable Burger Potato Wedges Rainbow Slaw Cake Selection					



ADULTS NEED AROUND 2,000 CALORIES A DAY

DISCLAIMER: We follow best practices in safe food handling to prevent cross-contamination. However, unfortunately, we cannot guarantee our products are 100% free of any specific allergen. Allergens are listed on the matrix and/or menus, which refer to the ingredients we use. We also cannot guarantee an allergen free environment where some of our ingredients from suppliers or products may have been produced in an environment with other allergens. Please double-check with a member of staff. Please note, the terms Vegan/Plant-based do not indicate that a food is free of food allergens.