



THE MANOR KITCHEN WEEKLY MENU 18th November 24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Bacon & Beans Toast Station & Cereal	Porridge & Toppings Toast Station & Cereal	Egg Muffin Toast Station, Cereal, Yoghurt & Fruit Platter	Sausage Bap Toast Station & Cereal	Porridge & Toppings Toast Station, Cereal, Yoghurt & Fruit Platter	Waffle Topped with Fried Egg & Bacon Crumb Toast Station, Cereal, Yoghurt, Fruit & Porridge	BRUNCH Toast Station & Cereal
LUNCH	Chicken Katsu Curry or Aubergine Katsu Curry Steamed Long Grain Rice Fruit, Yoghurt & Jelly Pots	Beef Ragu or Vegetarian Carbonara Garlic Bread Chocolate Sponge with Chocolate Custard	Swedish Pork Meatballs or Sweet Potato & Quorn Balls Mashed Potato Gravy Garden Peas Berry Jam Pear & Cinnamon Baked Rice Pudding	BBQ Pulled Pork Bun Or Pulled Jackfruit Bun Herb Butter New Potatoes Rainbow Slaw Fruit, Yoghurt & Jelly Pots	Fish Finger Sub with Tartare Sauce Or Battered Halloumi Ciabatta with Sweet Chilli Sauce Fries Peas Assorted topped Cheesecake pots	Manor Kitchen Grazing Bar	Manor Kitchen Brunch Menu
SUPPER	Korean Pulled Pork Or BBQ Mushrooms Flat Bread Soft Boiled Egg & Asian Vegetables Pineapple Upside Cake & Custard	Chorizo Pasta Bake Or Tomato & Basil Penne Pasta Freshly Baked Bread Mixed House Salad Vanilla Cup Cake	Beef or Mixed Bean Chilli Con Carne Jacket Potato Sour Cream & Guacamole Peach Crumble & Cream	Chicken Burrito Or Vegetable Burrito Seasoned Wedges Sweet Corn Churros & Chocolate Sauce	Chicken Chow Mein Noodles Or Crispy Mushroom Pancakes with Cucumber and Dipping Sauce Steamed Rice Ice Cream Bar	Fully Loaded Pork or Veggie Hot Dog Dirty Fries Warm Chocolate Brownie & Whipped Cream	Roast Chicken Or Vegetable & Cheese Pithivier Roast Vegetables Gravy Yorkshire Pudding Apple Crumble & Custard



ADULTS NEED AROUND 2,000 CALORIES A DAY

DISCLAIMER: We follow best practices in safe food handling to prevent cross-contamination. However, unfortunately, we cannot guarantee our products are 100% free of any specific allergen. Allergens are listed on the matrix and/or menus, which refer to the ingredients we use. We also cannot guarantee an allergen free environment where some of our ingredients from suppliers or products may have been produced in an environment with other allergens. Please double-check with a member of staff. Please note, the terms Vegan/Plant-based do not indicate that a food is free of food allergens.