



FORRES
SANDLE
MANOR

FORDINGBRIDGE

Co-Curricular Activities

FSM







Welcome to our Spring Term Co-Curricular Activities

We are thrilled to present a rich and diverse selection of activities available to our students each week. Our co-curricular offerings are designed to inspire curiosity, encourage new skills, and provide opportunities for children to explore their interests beyond the classroom.

Children in Years 7 to 9 will need to select a Senior Enrichment activity each morning from 8.50am - 9.35am. Pre-Prep children (Reception to Year 2) may choose an after-school activity from 3.45pm - 4.30pm, or join our 'Stay & Play' session, with the option of Wrap Around Care available until 6pm. For Prep and Senior children (Years 3 to 9), a selection of after school activities is available from 4.35pm - 5.30pm with buses departing at 5.30pm. Boarders are encouraged to participate fully in school life and should sign up for an after-school activity each day of the week.

Please take your time to explore the range of activities on offer. Each one is crafted to support personal growth, teamwork, and creativity, ensuring there's something for everyone to enjoy.

All activities are signed up for on a termly basis and will be charged accordingly. We look forward to another vibrant term filled with engaging experiences and new discoveries.

** Please note that all activities are subject to VAT, which will be added to the total cost.*



SENIOR ENRICHMENT

Every weekday 8.50 - 9.35am, Y7-9

At FSM, we believe that helping students achieve happiness and success is as much about personal growth as it is about academic progress. Outstanding personal development is a vital part of our approach, and in the Senior School, we dedicate specific time every day to nurturing each student's individual passions, skills, and social connections.

To support this, all Senior School students start their day with an Extended Curriculum ('Enrichment') session, ensuring they are energised and engaged from the outset. Each term, students can select from a wide variety of activities, allowing them to explore their interests and mix with peers from other year groups who share similar passions. This programme offers several unique benefits:

Choice and Positive Start: Students begin their day with an activity they are genuinely interested in, creating a positive and motivating start that aligns with their natural energy rhythms.

Social Connections Across Year Groups: Engaging with students from different year groups encourages friendships across ages, building a strong, supportive community.

Opportunities for Leadership and Aspiration: Older students can develop leadership skills, while younger students gain role models to inspire them.

Purposeful Outcomes: With term-long commitments to each activity, students achieve purposeful outcomes, from performances and exhibitions to certifications and additional qualifications.

Our Senior Enrichment programme offers a dynamic way to grow, learn, and connect, ensuring each student feels fulfilled and inspired as they begin each day at FSM.

MONDAY

INTRODUCTION TO BALLET

Discover the beauty and grace of ballet in our Introduction to Ballet club, whether you're looking to try something new, improve your flexibility, or develop your strength and posture, this class is perfect for beginners or those with some prior experience. Enjoy a supportive and inspiring environment as you learn fundamental ballet techniques, build confidence, and explore your creativity through movement. No previous ballet experience required—just bring your passion and a willingness to learn!

KNITTING FOR CHARITY

Join our knitting for charity group, where we will create hats and other essentials to support the homeless. Craft with purpose and make a difference to the community.

MOVEMENT MONDAY

Kick-start the week with an energising workout. This programme of exercises is designed to get your blood pumping and prepare your body and mind for the challenges ahead. Join us each week to build strength, endurance, and a focused mindset.

PRE PREP PIONEERS

Our senior pupils have the opportunity to step up to support the youngest members of our community. From reading and learning to playtime fun, this heartwarming initiative creates bonds and inspires confidence on both sides.

PRIVATE READING TIME

The private reading club caters for all, whether you're an avid reader or looking to explore new genres, this club offers a relaxed, intimate space to share insights, recommendations, and connect with fellow book lovers.

SENIOR CHOIR

A non-auditioned choir open to students in Year 7 and above, the Senior Choir performs at school events, music concerts, competitions, and within the local community. There are also opportunities for leadership roles within this group, selected by Miss Green. Join us to share in the joy of singing and represent our school through music.



TUESDAY

JUNIOR SPORTS LEADER AWARD

A fantastic opportunity to develop leadership skills through FSM's own Junior Sports Leader Award. Under the guidance of Mr Hancock, you'll help plan and deliver sessions as you gain confidence and experience in sports leadership.

FSM NEWSPAPER

Calling all editors, journalists, and photographers. Our FSM Newspaper needs your skills to report on school events, the surrounding community, and major global stories. Get involved in researching, writing, and capturing images to keep our community informed and engaged.

HISTORY MYSTERIES: LOCAL RESEARCH

Step into our local past this term and you can put your history detective skills to work exploring the rich history of Fordingbridge, FSM and our surrounding area. Together, we'll learn about independent research, using a variety of historical sources and interpretations, that will help us connect the area's evolution with what we can still see today. Our journey through time will come to life in an exciting mini museum display at the end of term, where you'll showcase your discoveries and share the story of our local community's heritage.

SCIENCE & TECHNOLOGY SCHOLARS

SCIENCE &
TECHNOLOGY
SCHOLARS
ONLY

Broaden your knowledge in Science and Technology. These enrichment sessions, open only to Science and Technology Scholars, offer exciting challenges, hands-on practical activities, and opportunities to deepen your understanding. From building innovative projects to tackling complex problems, you'll work collaboratively as a team and receive focused feedback to support your growth in Science and Technology.

SENIOR MUSIC ENSEMBLE

A non-auditioned orchestra, open to any student learning an orchestral instrument (excluding piano, guitar, and drum kit, which are by invitation only). This group will perform at school-wide events, music concerts, and community engagements, as well as participate in competitions where appropriate.

PRE PREP PIONEERS

Our senior pupils have the opportunity to step up to support the youngest members of our community. From reading and learning to playtime fun, this heartwarming initiative creates bonds and inspires confidence on both sides.

YOGA & MINDFULNESS

Start your day with a dose of mindfulness. Whether it's following a yoga session, learning mindfulness techniques, or simply setting yourself up with the right mindset for the day, this activity offers a calm and focused start to your morning.



WEDNESDAY

DUKE OF EDINBURGH

YEAR 9 ONLY

Must complete all 3 terms of the enrichment programme

Are you ready to embark on a journey of personal growth and adventure? The D of E programme will challenge you to develop new skills, go on exciting expeditions, and contribute to the community through service. Whether navigating the wilderness, learning first aid, volunteering, or earning new qualifications, you'll gain experiences that will stay with you for life. Make new friends, push your limits, and achieve the prestigious Bronze D of E Award.

Note: To achieve your Bronze D of E Award, you must complete all three terms of the enrichment programme.

FSM PODCAST

Step into the exciting world of broadcasting with the FSM School Podcast Club. Students will learn essential skills like scriptwriting, audio editing, and public speaking, gaining hands-on experience with recording equipment and software. Working as a team, you'll produce engaging podcast shows, building creativity, communication skills, and technical knowledge in a fun and supportive environment. Don't miss the chance to become a part of our school's voice.

LACROSSE CLUB

Get ready to play, compete, and have fun in our Lacrosse Club. Whether you're new to the game or looking to sharpen your skills, this club offers a great opportunity to learn the fundamentals of lacrosse, improve your teamwork, and stay active. Join us for exciting practices, friendly matches, and a supportive environment where everyone can grow and enjoy the thrill of the game. Grab your stick and come be part of the action.

MUSIC SCHOLARS

MUSIC
SCHOLARS
ONLY

Music Scholar Enrichment offers our top musicians the chance to deepen their Music Theory knowledge and, where applicable, work towards the ABRSM Grade 5 Music Theory syllabus. These sessions provide a basic introduction to the Music GCSE syllabus and an introduction to composition. We'll also rehearse chamber music pieces in preparation for concerts and events.

Please note: these sessions are open only to current Music Scholars and invited students, as discussed with Miss Green.

PRE PREP PIONEERS

Our senior pupils have the opportunity to step up to support the youngest members of our community. From reading and learning to playtime fun, this heartwarming initiative creates bonds and inspires confidence on both sides.

TEXTILES

Explore the art of textiles through a variety of materials and fibres to create decorative and artistic objects. From tie-dyeing and free-motion stitching to felt-making and embroidery, students will explore a range of techniques and develop valuable new skills.



THURSDAY

ART SCHOLARS

ART
SCHOLARS
ONLY

Develop your artistic portfolio with a focus on building skills and refining techniques while exploring diverse arts and cultures. This programme provides a deep dive into the creative process, helping scholars strengthen their artistic expression and versatility.

CREST AWARDS

The CREST Awards are nationally recognised accreditations that celebrate your ability to think like a scientist and engineer. Take part in hands-on science by investigating questions that interest you, working independently or as part of a team to explore the world around us. This is your chance to showcase creativity, curiosity, and commitment to STEM.

DANCE COMPANY TECHNIQUE

Elevate your dance skills in our Dance Company 'Technique' enrichment slot. Perfect for dancers of all levels, this club focuses on building strength, precision, and flexibility through structured training in core dance techniques. Whether you're interested in improving your form, mastering new moves, or enhancing your overall performance, this is the place to refine your skills and push your limits.

FSM NEWSPAPER WRITING

Calling all editors, journalists, and photographers. Our FSM Newspaper needs your skills to report on school events, the surrounding community, and major global stories. Get involved in researching, writing, and capturing images to keep our community informed and engaged.

GLOBAL EXPLORERS

Are you interested in learning about the positive impact people are making around the world? With the award-winning Lyfta learning platform, you'll explore a diverse range of cultures, languages, careers, and perspectives through captivating films and interactive experiences. You'll have the opportunity to virtually visit different countries and discover inspiring human stories that highlight resilience, problem-solving, teamwork, and other critical skills, values, and competencies.

JUNIOR SPORTS LEADER AWARD

A fantastic opportunity to develop leadership skills through FSM's own Junior Sports Leader Award. Under the guidance of Mr Hancock, you'll help plan and deliver sessions as you gain confidence and experience in sports leadership.

PRE PREP PIONEERS

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FRIDAY

EARLY FRENCH GCSE

INVITE ONLY

An invite only session to those students who are looking to take their French GCSE early.

HISTORY IN THE MOVIES

Journey through captivating moments in history and discover how they are brought to life on the big screen. Compare riveting true stories with their Hollywood adaptations – will the films stay true to history, or will they take creative liberties? Join us to find out and become a history critic.

Some movies shown may be rated 12; please consider this when signing up if your child is under 12.

SENIOR ECO COUNCIL

This enrichment opportunity encourages dedicated Senior students to join the Green Team and make a meaningful impact on our school's environmental footprint. As we work towards achieving Green Flag status for FSM, you'll lead the charge with student-driven projects. If you're passionate about protecting our planet and promoting sustainability, this is the club for you. We will create an Eco-Code for the school, champion eco-friendly practices across every classroom and beyond, and organise exciting school-wide competitions. Tailored for Senior students, this club encourages cooperation across the school and promises a vibrant array of activities to inspire and engage. Dive in and make a difference—our planet needs you.

PRE PREP PIONEERS

Our senior pupils have the opportunity to step up to support the youngest members of our community. From reading and learning to playtime fun, this heartwarming initiative creates bonds and inspires confidence on both sides.

SPORTS SCHOLARS

SPORTS
SCHOLARS
ONLY

This programme offers targeted sessions designed to develop a wide range of athletic skills throughout the term, challenging students to make improvements in every session. With guidance and encouragement, Sports Scholars will be inspired to push their limits and achieve new personal bests.





PRE PREP

Every weekday 3.45 - 4.30pm, Reception - Y2

In FSM's Pre Prep, we believe that every child's early years should be filled with discovery, joy, and the freedom to explore their unique interests. Our enrichment programme is designed to nurture each child's curiosity and creativity, helping them develop important social and practical skills in a caring, supportive environment.

Children in Reception through to Year 2 can choose from a variety of exciting after-school activities each term, allowing them to try new things, make friends, and build confidence outside of the classroom. Activities run from 3:45-4:30pm, and they also have the option to join our Wrap Around Care session, which extends until 6pm. This provides families with flexibility and gives children the chance to continue their play and learning in a familiar, supportive environment.

Our Pre Prep enrichment programme offers:

Exploration Through Choice: With a range of activities to select from, each child has the freedom to follow their interests, build independence, and discover new hobbies.

Social and Emotional Development: Group activities allow children to bond with peers, develop teamwork skills, and learn the joy of collaboration in a warm and inclusive setting.

Routine and Flexibility: Daily activities provide a comforting rhythm to each afternoon, while Wrap Around Care offers flexibility for families needing additional support.

Our Pre Prep enrichment programme is crafted to complement the early years curriculum, providing a nurturing environment where every child can explore, grow, and thrive.

MONDAY

NETBALL

FREE

Enjoy action-packed sessions that build passing, catching, and shooting skills. Learn footwork, positions, and rules through fun activities and mini-games, all while having a great time with your teammates.

WILD ART

£10

PER SESSION

Create beautiful pieces of artwork with our specialist arts tutor, Robyn Cheal. Explore both traditional and experimental mediums and techniques, discovering new ways to express yourself through art.

STAY & PLAY

FREE

Stay at school to unwind and enjoy a variety of activities, from reading and playing with toys to relaxing after a busy day of learning.



TUESDAY

COOKERY

FREE

YEAR 1 & 2
ONLY

Discover the world of cookery and learn what goes into your favourite dishes. In Cookery Club, children will practise key skills like weighing, counting, and using cooking equipment safely. They'll create delicious snacks, meals, and desserts to take home, all while learning a life-long skill.

PRE PREP DANCE COMPANY

FREE

Experience creative dance through a variety of workshops and performance pieces. Young dancers will explore different styles, express themselves, and enjoy the art of movement in a fun and supportive environment.

STAY & PLAY

FREE

Stay at school to unwind and enjoy a variety of activities, from reading and playing with toys to relaxing after a busy day of learning.



WEDNESDAY

BOARD GAMES CLUB

FREE

Unleash your competitive spirit and dive into the world of board games. Join us after school to explore a variety of games, challenge friends, and enjoy some friendly competition throughout the term.

FOOTBALL FUN

£5

PER SESSION

Lace up your boots and get ready for action. Led by an expert coach, these football sessions welcome all age groups to enjoy a kick around, build confidence, and sharpen skills on the pitch.

STAY & PLAY

FREE

Stay at school to unwind and enjoy a variety of activities, from reading and playing with toys to relaxing after a busy day of learning.



THURSDAY

KARATE

£8
PER SESSION

Step into our karate classes and start your journey to mastering this dynamic martial art. Learn new movements, improve balance, and build confidence as you progress through the different belt levels in a supportive environment.

TEXTILES

YEARS 1 & 2
ONLY

Unleash your creativity in our popular Textiles activity with Mrs Carver. Discover the art of hand-stitching and machine stitching in a safe, engaging setting, and develop skills to craft unique and useful textile items.

STAY & PLAY

FREE

Stay at school to unwind and enjoy a variety of activities, from reading and playing with toys to relaxing after a busy day of learning.



FRIDAY

HOCKEY

FREE

Join us on the pitch for lively sessions that introduce key hockey skills through engaging games and drills. Develop coordination, teamwork, and confidence while enjoying the fun and energy of the game.

ECO COUNCIL

FREE

Join the Eco Council and take the lead in reducing our school's carbon footprint. As we work towards achieving green flag status for FSM, you'll have the chance to be part of meaningful, student-driven projects. If you're passionate about protecting the planet, this club is perfect for you. Help us create an Eco-Code for the school, promote eco-friendly practices in every classroom, build charming bug hotels, and organise exciting school-wide competitions. Tailored for our Pre Prep children, Eco Council offers a vibrant mix of activities designed to inspire and engage young environmentalists. Dive in and make a difference—our planet needs you.

STAY & PLAY

FREE

Stay at school to unwind and enjoy a variety of activities, from reading and playing with toys to relaxing after a busy day of learning.





PREP & SENIORS

Every weekday 4.35 - 5.30pm,
Years 3-9

At Forres Sandle Manor, we believe in nurturing every child's unique potential and encouraging a sense of curiosity, resilience, and passion for learning that will last a lifetime. Our Prep and Senior School programmes are designed not only to provide academic excellence but also to ensure that each student thrives socially, emotionally, and creatively.

Our co-curricular offerings in the Prep and Senior School are an essential part of our approach to education. We offer a wide variety of activities — each one carefully curated to broaden horizons, encourage teamwork, and build skills that extend beyond the classroom. From arts and sciences to sports and leadership, there's something for everyone to discover, enjoy, and excel in.

As students progress from Prep to Senior School, they'll find opportunities to take on greater challenges, explore personal interests, and form meaningful connections with peers from different age groups.

We are committed to supporting every student on their journey—encouraging them to be curious learners, compassionate friends, and responsible global citizens. We look forward to an exciting term filled with opportunities, growth, and discovery.

MONDAY

CUBS

AGE 8-10

£30

PER TERM

Join our after-school Cubs activity for an adventure-packed escape. Learn new skills, make friends, and experience the excitement of the Scouting movement. With games, crafts, and more, every Monday is set to be full of fun.

DANCE COMPANY PERFORMANCE

FREE

Gain insight into the world of professional dance. In this club, you'll experience how a dance company rehearses and creates performance pieces. Learn practical dance skills, improve your technique, and develop choreographic ideas through engaging workshops and rehearsals.

GOLF

£12

PER SESSION

Unlock your golfing potential. Our after-school programme introduces students to the joys of golf, with expert guidance and age-appropriate activities. Whether you're a budding pro or just starting out, there's something for everyone on the course.

HOCKEY CLUB

FREE

Spend Monday afternoons on the Astro, refining your hockey skills to prepare for your best sessions on the pitch. Focus on improving technique and developing confidence in every game.

HOME LEARNING CLUB

FREE

This is a dedicated time each week for students to complete their prep. Available to Senior Day students (Year 7 and above) and Prep students (Years 3 to 6) who are travelling home by bus.

PHOTOGRAPHY CLUB

£10
PER SESSION

Come along to Photography Club, where you'll learn how to use different camera functions, capture great shots, and edit your photos to make them even better. Start building your own portfolio and discover a new passion. Having your own camera is helpful, but we also have some available for use in school.

THE READING RETREAT

YEARS 5-7
FREE

A wonderful opportunity for Prep students in Years 5 and 6 to join Senior students in Year 7 for a shared reading experience in our cosy Bothy. Together, they'll dive into a novel, exchange book recommendations, and enjoy discussing favourite plots, characters, and story twists. This club is ideal for those passionate about reading and for anyone considering applying for future roles as school reading mentors.

TEXTILES IN ART

YEAR 3-6
FREE

Explore the world of textile art by working with a variety of materials and fibres to create decorative, artistic objects. From tie-dyeing and felt-making to free-motion stitching and embroidery, students will delve into a range of techniques and develop new skills in this creative class.



TUESDAY

BADMINTON & TABLE TENNIS

FREE

Perfect for those who enjoy competition and fun. Whether you're up for a lively match or just want to rally with friends, these sessions offer the best of both worlds. Join us for a great time combining skill-building with friendly conversation.

GUIDES

YEAR 6-9
GIRLS ONLY

£30
PER TERM

Join the 1st FSM Guides and become part of the wider Girl guiding family. Choose from a wide range of badges, skills, and activities across six programme themes, and enjoy a LOT of fun as you complete exciting challenges together.

NOVEL FILM CLUB

YEAR 3-6

FREE

Step into the Barn and enjoy fantastic films — adaptations of classic and modern novels. After watching, you'll become a film critic, discussing and writing reviews. You might even be inspired to read the original novel to see how well the story translates to screen. It's a fun way to expand your imagination and vocabulary.

PREP DANCE COMPANY

YEAR 3-6

FREE

Enhance your dance performance skills and techniques with workshops and rehearsals, run in the style of a professional dance company.

SENIOR SCIENCE CLUB

YEAR 7-9

FREE

Dive into the world of Science with our Senior Science Club. Take part in hands-on activities and experiments, learn essential survival skills for a Zombie Apocalypse, and explore the wonders of the Universe.

RWANDA CHARITY GROUP

YEAR 6-9

FREE

Support the Green Village of Hope in Rwanda. This activity will raise funds for the Dufatanye Organisation, based in Nyanza, Rwanda, which empowers vulnerable communities to overcome poverty, malnutrition, and HIV/AIDS. Through its Green Village of Hope Programme, the organisation provides training in agriculture, kitchen gardens, laying hens, and fruit trees, helping over 30,000 people across nine villages become self-sufficient. Projects include fish farming, livestock rearing, banana plantations, and the production of goods like bricks and clay pots.

Every penny raised will go directly to the cooperative, with updates from Godfrey, the programme's inspirational leader, showing the immediate impact of your support. These funds bring hope to children and families facing immense challenges. Godfrey, who inspired us with his recent visit, will return in February—let's rally together to support this vital cause!

RIDING

£38

PER SESSION

Saddle up for an exciting after-school adventure with Arniss Equestrian, a British Horse Society Approved Centre close to school. This fantastic programme offers pupils the chance to start or progress their equestrian journey in a supportive, scenic environment. Through the BHS Challenge Awards, participants will gain confidence and develop skills in riding, horse care, and hands-on practical knowledge. Each award is tailored to a pupil's experience and interests, making this a fun, non-competitive programme that also provides a pathway to internationally recognised BHS qualifications.

To join, please register with Arniss Equestrian using the link below and add your child as a rider: <https://arniss-equestrian.ecpro.co.uk>

HOME LEARNING CLUB

FREE

This is a dedicated time each week for students to complete their prep. Available to Senior Day students (Year 7 and above) and Prep students (Years 3 to 6) who are travelling home by bus.

WEDNESDAY

BOARDERS' CHILL OUT

YEAR 9 ONLY

FREE

Year 9 boarders are invited to enjoy some peaceful downtime in the boarding house before supper. This is the perfect time to unwind, relax, and recharge in a quiet space with friends.

COMIC BOOK CREATION

FREE

Step into the colourful world of comic book illustration. In this club, you'll learn the art of sketching, character creation, and story development to craft your very own comic strips. Let your imagination soar as you bring unique characters and stories to life.

HOME LEARNING CLUB

FREE

This is a dedicated time each week for students to complete their prep. Available to Senior Day students (Year 7 and above) and Prep students (Years 3 to 6) who are travelling home by bus.

LEGO EDUCATION

FREE

Dive into the world of robotics, engineering, and computer science with our exciting LEGO Education Robotics club. Using Spike Prime LEGO kits, you'll engage in hands-on projects that spark creativity and problem-solving. Build, code, and collaborate as you bring your ideas to life and embark on an adventure of innovation and discovery.

RETRO GAMING CLUB

FREE

Travel back to the golden age of gaming with our Retro Gaming Club. Play classic games on consoles like the Nintendo 64, PlayStation 1, and Gameboy. Whether you're a Super Mario champ or new to retro gaming, come along to compete, relax, and have fun. No experience needed—just bring your enthusiasm and get ready to power up.

PREP FOOTBALL COACHING

YEAR 3-6

£5

PER SESSION

Lace up and dive into the action. Our expert-led football sessions are open to all age groups, offering the perfect chance to enjoy a kick about, boost confidence, and elevate your skills on the pitch.

YOGA

YEAR 3-6

FREE

Find your balance and calm and set yourself up for the day in our Yoga Club. Whether you're a beginner or have some experience, this club offers a relaxing and supportive environment to explore yoga's benefits. Improve your flexibility, strength, and mindfulness while learning essential poses and breathing techniques. Perfect for de-stressing, boosting focus, and promoting overall well-being. Join us on the mat and discover how yoga can help you feel your best—physically and mentally.



THURSDAY

BROWNIES

YEAR 3-5
GIRLS ONLY

£30
PER TERM

Embark on an exciting journey with your Brownie friends. Together, you'll have fun exploring the world around you, playing games, getting creative, learning new skills, trying out hobbies, and going on outdoor adventures. Plus, you'll earn badges along the way to celebrate each new skill and discovery.

CHESS

FREE

Challenge yourself to become the next Grandmaster. Join us for chess sessions where you can sharpen your strategies, develop skills, and enjoy friendly matches with peers—all in a fun and relaxed environment.

GOLF

£12
PER SESSION

Discover the joy of golf in our after-school programme. With expert guidance and age-appropriate activities, you'll learn the basics of the game, whether you're just starting out or dreaming of a pro future. Join us on the course and unlock your potential.

HOME LEARNING CLUB

FREE

This is a dedicated time each week for students to complete their prep. Available to Senior Day students (Year 7 and above) and Prep students (Years 3 to 6) who are travelling home by bus.

KARATE

£8
PER SESSION

Join JH Action Academy, a family-run martial arts club with over 40 years of experience. Our skilled instructors are dedicated to building discipline, respect, and self-control through karate. Suitable for all levels, from beginners to advanced, our classes emphasise character development, focus, and self-defence. Karate is more than just a sport — it's a journey to strength, confidence, and lifelong skills. Become part of our karate family.

MATHS GAMES

FREE

Discover the fun side of maths. In Maths Games, you'll tackle engaging logic puzzles and challenging problems with friends. Whether you're mastering your times tables or enjoying interactive games, you'll boost your maths skills in an enjoyable, collaborative environment.

NETBALL

FREE

Head down to the courts to hone your netball skills and tactics. Perfect for preparing for the season or simply having a great time on the court, this session welcomes both seasoned players and beginners who want to learn more about the game. Join us for some fun and fitness as you build your confidence and teamwork.

SKIING

£22

PER SESSION

Hit the slopes at Snowtrax and take your skiing skills to the next level. With guidance from qualified instructors, each session is tailored to ensure everyone, from beginners to advanced skiers, has fun while building confidence and improving technique.



FRIDAY

ARCHERY

AGE 8+

£15

PER SESSION

Ready, aim, fire. Dive into the ancient art of archery with Wild Edge's enrichment club. Master the bow, sharpen your skills, and unleash your inner marksman. Join us for a thrilling, target-hitting adventure.

ATHLETICS

FREE

Let the training begin. Start building speed and endurance in a club that's all about reaching your personal best. Perfect for those who love to push themselves to new limits.

HOME LEARNING CLUB

FREE

This is a dedicated time each week for students to complete their prep. Available to Senior Day students (Year 7 and above) and Prep students (Years 3 to 6) who are travelling home by bus.

MUSIC PRACTICE CLUB

FREE

Supervised music practice sessions for students in Years 3-9, with support for ABRSM exam preparation and aural tests as needed. Practice with focus and purpose.

PREP ECO COUNCIL

YEAR 3-6

FREE

Join the Eco Council to help reduce FSM's carbon footprint and work towards green flag status for our school. Lead student-driven projects, create an Eco-Code, promote eco-friendly practices in every classroom, and build bug hotels. Tailored for our Prep and Senior students, this club offers hands-on, meaningful activities that make a real difference. Join us to protect our planet—our world needs you.

THE READING RETREAT

YEARS 8-9

FREE

For senior students in Years 8 and 9, join us in our cosy Bothy to share novels, swap book recommendations, and discuss favourite plots and characters. A perfect club for those interested in becoming future reading mentors or leaders.





SATURDAY ENRICHMENT

Saturdays, Years 3-9

Session 1 9.00am - 10.30am

Session 2 11.00am - 12.30pm

Our Saturday Enrichment programme offers an exciting start to the weekend for students in Years 3 to 9. With two engaging sessions, students have the chance to explore a range of enriching activities, designed to encourage creativity, build skills, and promote teamwork. Students should sign up for both sessions on a Saturday to fully experience the variety of activities on offer.

Session 1: 9:00am - 10:30am

Session 2: 11:00am - 12:30pm

For boarders staying over the weekend, lunch will be served at 1:00pm.

After lunch, Mr. Humphreys and the boarding team will lead a selection of afternoon activities for boarders in Year 6 and below, ensuring a fun, active afternoon. Boarders in Years 7 to 9 have the option to join in the activities or, if they prefer, explore Fordingbridge in small groups, offering a sense of independence and adventure.

Our Saturday Enrichment sessions create a perfect balance of structured learning and leisure, setting the stage for an enjoyable weekend at FSM.

SATURDAY

LAMDA DRAMA & PUBLIC SPEAKING

£27

PER SESSION
(30 MINUTES)

Lesson Dates

11th January
8th February
8th March
22nd March

We're proud to announce that FSM is now a LAMDA Private Centre for delivering LAMDA Examinations, giving students the opportunity to achieve recognised qualifications in drama and public speaking. These exams are much more than just an assessment—they're a chance to build valuable life skills like clear communication, self-confidence, and effective teamwork through the dynamic mediums of drama, literature, and music.

What to Expect

Guided by Mr. Peak, students can apply for one-to-one, 30-minute sessions to work toward an examined grade in either the new Shakespeare syllabus (Levels 1-3) or Speaking in Public (Grades 1-5). Placement in a grade or level depends on the student's age and experience, ensuring a personalised and meaningful learning experience. Please note that standard exam fees will apply based on the chosen syllabus and grade.

Session Details & Registration

LAMDA sessions will be held during Saturday Enrichment hours. For those selecting LAMDA, we recommend choosing non-chargeable activities for Session 1 and Session 2 or planning to attend only for the LAMDA sessions.

To register your interest, please email Mr. Peak at wpeak@fmsmschool.com.



SESSION 1 - 9AM-10.30AM

ART

FREE

Awaken your creativity on Saturday mornings with our dynamic art activities. Dive into a world of colour, shape, and texture as you explore mediums like painting, drawing, and sculpture. With guidance and encouragement, you'll develop your skills, experiment with new techniques, and bring your imaginative ideas to life in a supportive, inspiring setting.

CLAY DESIGN

FREE

Join our Clay Design Club and discover the art of sculpting. Learn foundational techniques for shaping and detailing clay, practicing throughout the term to improve your skills. By the end, you'll create a final masterpiece that showcases your growth and creativity. Perfect for those who enjoy working with their hands and transforming ideas into tangible art.

CLIMBING LESSONS

£26

PER SESSION
9AM - 12.30PM

Reach new heights on Saturday mornings at Parthian Climbing Centre. Work towards your National Indoor Climbing Award Scheme (NICAS) Level 1, 2, or 3 as expert instructors guide you through essential skills and techniques. It's the perfect opportunity to try something new and challenge yourself.

SCUBA DIVING

AGE 8+

£60

PER SESSION
9am - 12.30pm

Dive into Scuba Diving under the guidance of expert instructors - you'll master breathing techniques and complete exciting aqua missions to earn your PADI Seal Team award. It's a fantastic chance to explore the underwater world and push your limits.

SPORTS FUN

FREE

Join us for a fun-filled morning of sports and activities, from football to lacrosse and everything in between. Try out a variety of sports, discover new favourites, and enjoy the excitement of being active with friends. Have a sport you'd love to see included? Share your suggestions with Mr. Scott, and we'll do our best to add it to the line-up.



SESSION 2 - 11AM-12.30PM

ACRYLIC PAINTING MASTERCLASS

FREE

Spend the term mastering the art of acrylic painting with guidance from Mr. Bartlett. You'll learn a variety of techniques, build your skills, and develop your own style as you work toward creating a final masterpiece. This is a fantastic opportunity to deepen your understanding of acrylics and bring your artistic vision to life.

DESIGN & TECHNOLOGY (DT)

FREE

Roll up your sleeves and dive into hands-on creativity in our DT activity. From woodworking projects to innovative design challenges, explore the exciting world of design and technology in a fun and engaging atmosphere. Let's build, craft, and experiment with new ideas together.

FENCING

£8
PER SESSION

Step into the world of fencing with the Dorset Musketeers. Hone your swordsmanship skills, develop discipline and precision, and experience the exhilaration of a duel in a safe, supportive setting. Ideal for those looking to learn an exciting sport and make friends along the way. En garde.

SPORTS FUN

FREE

Join us for a fun-filled morning of sports and activities, from football to lacrosse and everything in between. Try out a variety of sports, discover new favourites, and enjoy the excitement of being active with friends. Have a sport you'd love to see included? Share your suggestions with Mr. Scott, and we'll do our best to add it to the line-up.





SUNDAY TRIPS

Every Sunday (Excluding Sleep Outs)

At FSM, Sundays are for Adventure and Discovery.

Every Sunday during term time, our boarding pupils have the chance to embark on exciting adventures, exploring destinations that range from local landmarks to captivating attractions further afield. These outings are carefully designed to offer a mix of recreation, and cultural enrichment — ensuring there's something for everyone to enjoy.

The full schedule of trips is shared before the start of each term, giving families plenty of time to plan and look forward to what's ahead.

Day pupils are also warmly invited to join these trips dependent on availability. There will be a cost associated with each week, so please register interest with Head of Boarding (gscott@fsm-school.com).

Whether it's creating unforgettable memories, building friendships, or experiencing something new, our Sunday trips truly offer something special for everyone.

SUNDAY TRIPS

12th January - SPLASHDOWN



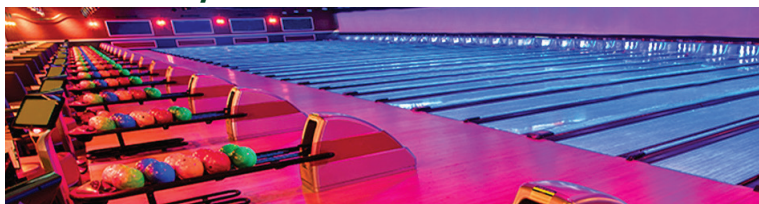
19th January - FLIP OUT



2nd February - MINI GOLF



9th February - FTY LAB / BOWLING



2nd March - CINEMA



9th March - COUNTRY PARK FUN



23rd March - GAMING / SHOPPING





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