## **PRE PREP MENU**

MAIN MEAL Baked Ham & Cheese Macaroni BBQ Chicken & Cheese Macaroni Pasta & Sauce Cheddar, Bacon & Thyme Classic RoastHoney Roast Gammon Sage & onion stuffing Gravy Fish Fingers   MEAT FREE Beef bolognaise BBQ Quorn Sausages Roasted Tomato, Garlic & Tarragon. Cauliflower Cheese Fishless fingers   ON THE SIDE Roasted Vegetables Braised 50/50 Rice Pasta Suited Standard Skin on Roast potatoes Peas Skin on Roast potatoes Baked Beans Chips Baked Beans   DESSERT Warm Apple Sponge and Cream Yoghurt & Grandard Grandard Or Honey Fresh Cut Fruit & Yoghurt Beans Fresh Cut Fruit & Yoghurt Cheese or Baked Beans Jacket Potato with Cheese or Baked Beans		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef bolognaise BBQ Quorn Sausages Roasted Tomato, Garlic & Tarragon. Cauliflower Cheese Fishless fingers   ON THE SIDE Roasted Vegetables Braised 50/50 Rice Pasta Skin on Roast potatoes Baked Beans   Roasted Vegetables Sweetcorn & Mixed Peppers Sweetcorn & Mixed Peppers Seasonal Salad Skin on Roast potatoes Baked Beans   DESSERT Warm Apple Sponge and Cream Yoghurt & Granola Or Honey Fresh Cut Fruit & Yoghurt & Granola Or Honey Jacket Potato with Cheese or Baked Beans Jacket Potato with Cheese or Baked Beans Jacket Potato with Cheese or Baked Jacket Pota	MAIN MEAL	& Cheese Macaroni	BBQ Chicken	Cheddar ,Bacon	Roast Gammon Sage & onion stuffing	Fish Fingers
ON THE SIDEBraised 50/50 RiceGrated CheeseSkin on Roast potatoesBaked BeansRoasted VegetablesSweetcorn & Mixed PeppersSeasonal SaladPeas BroccolliBaked BeansDESSERTWarm Apple Sponge and CreamYoghurt & Granola Or HoneyFresh Cut Fruit & Yoghurt & Granola or Or HoneyFresh Cut Fruit & Yoghurt & Frosted Carrot CakeFresh Cut Fruit & Yoghurt Acket Potato with Cheese or Baked BeansFresh Cut Fruit & Yoghurt & BroccolliFresh Cut Fruit & Yoghurt & Frosted Carrot CakeFresh Cut Fruit & Yoghurt Acket Potato with Cheese or Baked BeansJacket Potato with 	MEAT FREE	Beef bolognaise	BBQ Quorn Sausages		Cauliflower Cheese	Fishless fingers
DESSERT   Warm Apple Sponge and Cream   &   Intended Hard Toghart     Cream   Granola Or Honey   Or   Frosted Carrot Cake     EVERY DAY   Jacket Potato with Cheese or Baked Beans	ON THE SIDE	Roasted Vegetables	Sweetcorn &	Grated Cheese	Peas	
EVERY DAY   Jacket Potato with     Cheese or Baked   Cheese or Baked   Cheese or Baked   Dacket Potato with   Cheese or Baked   Cheese or Baked   Cheese or Baked   Dacket Potato with   Cheese or Baked     Beans   Beans   Beans   Cheese or Baked   Dacket Potato with   Cheese or Baked   Dacket Potato with   Cheese or Baked	DESSERT		& Granola Or	Fresh Cut Fruit & Yoghurt	Frosted Carrot Cake	Fresh Cut Fruit & Yoghurt
	EVERY DAY	Cheese or Baked	Jacket Potato with Cheese or Baked	Cheese or Baked	Cheese or Baked	Cheese or Baked